

# Have other people's achievements always amazed you and you wonder about the key secret to their success?

I have learned much about what others do and what the key secret to their success is.

So, what is the success factor that makes them outstanding?

**The Secret to Your Success - and what others attribute as being the secret to their success.**

Are we outstanding as a sector of society? Of course! Most of the things that we do everyday and the way we do them, make us outstanding.

We may look at others and wonder about the secret to their success and what the key success factor may be.

Understanding the secret key to success, we can further define who we are as women and what makes us unique.

It's all about what will make a difference to the quality of our own lives and to the lives of others. Help them understand the secret to their success.

It's about doing the things we do everyday the best we can. It's about doing the things we do everyday the best we can. It's about doing everything you do exceptionally well!

**I recently listened to Linda Shaw, an inspiring speaker who talked about "The Simple Art of Being Outstanding".**

**A charismatic and masterful storyteller, Linda Shaw is a Public Speaking Coach, Professional Speaker and Business Training Facilitator in Auckland, New Zealand. To find out more about Linda contact her at [lindashaw@xtra.co.nz](mailto:lindashaw@xtra.co.nz).**

**With Linda's permission, I outline below her 12 simple steps along with my thoughts on each one:**

## **1. Live In The Now**

It can be very easy to look back at yesterday and punish yourself for what you deem as mistakes. It can be even easier to anticipate all the options and worries that tomorrow may bring. Learn to actually live in and enjoy each moment. Stop and take pleasure in what you are doing today. This one concept can truly be the key to success.

## **2. Focus On What You Want**

Life is not a dress rehearsal - you only get one shot at enjoying this journey. You deserve to be the person you want to be and enjoy the things that matter to you, as much as any other person in this universe. If you don't know what you do really want, then spend time on finding out. The many resources featured on the Internet and on this website which can assist in finding out your passions and your life purpose. Make sure you give your true desires the focus that they deserve - and do it now or else tomorrow may just be too late!

## **3. Be Wise With Words**

Remember the power of your words. Not only the impact the words you use has on other people, but also remember that the words and thoughts that you often repeat, shape and affect the situations and circumstances of your own life.

This means that you can improve your life with the power of your thoughts and words. We constantly have 'mind chatter' going on and it is 'What you say in your mind is what you get in your life!'

Words, when said in a particular way, negative or positive, affect the subconscious mind and determine its actions. Remember the power of your words, spoken and unspoken. The words you use with others may influence and become the secret to their success!

#### **4. Keep Your Promises**

Be aware of what you say yes to and make sure that you say yes to the things that you do really want to do. Not only is it important to keep our commitments when we do say yes, remember to think about what other commitments we have to others and ourselves, before we say yes. Remember that it is Ok to say No.

#### **5. Be The Best You Can Be**

Each day, be the best you can be. Don't beat yourself up about what you did or didn't do yesterday. Focus on today and being the best you can be today. Tomorrow - well you can think about that then.

#### **6. Be In Service**

Think about how you can be of service and what contribution you can make to others. We all need some help ourselves at different stages of our lives so don't forget that we can take time out of our busy lives to help others. What can you contribute to others that will become the secret to their success? Together, we are stronger and to quote George Bernard Shaw 'No one will ever be useless, that lifts the burden of others'

#### **7. Count your blessings.**

The power of gratitude and appreciation is huge. Your spirits are instantly lifted when you remind yourself of all the good things in your life. Take time out each day to think about three things you have to be grateful for and write them down. A Gratitude Diary can bring immense rewards. And they don't have to be huge, maybe today you can be thankful for the lovely warm bed that you get to sleep in every night. *'We do not remember days, we remember moments'* Cesare Parese

#### **8. Learn From Experience**

Life is a lesson and we have choices to make every moment. Learn from, don't regret, any of your past experiences. Virginia Satir said "Life is not the way it is supposed to be, it is the way it is."

#### **9. Take Action**

We can have read all the books, think we know exactly what to do, but without taking the action, it is as if we don't really know at all. For to know, is to do. Make decisions and take the action that is going to give you a result. If you have struggled in the past to make decision, take time out to just surrender and go with what just 'feels' right. This means your decisions are always in keeping with the your true life purpose.

#### **10. Go The Extra Mile**

Do something that really makes a difference. Is there some way you can really make an impact in the lives of others. You will truly gain huge rewards from helping other expecting nothing in return. The universe will see that we are rewarded when we don't ask for repayment. *'We are each angels with only one wing We fly only by embracing one another'* Luciano de Crescenzo ..and again, what can you do to contribute and be the secret to their success.

#### **11. Respect Everyone And Everything**

Give and receive the most respect, especially to yourself. Look in the mirror and be proud. It's all about knowing and understanding who and what you are. It's about being very honest with yourself and you will find a proportional link between

honesty and self-respect. Once you truly respect yourself you can truly respect and understand others. Once you see the key success factor in yourself you will learn the secret to their success as well.

## **12. I Am Enough**

Our expectation of ourselves is huge. Realize that who you are, is who you are and love yourself for that.

### ***Accept that this is Me!***

You don't have to worry about the secrets to their success - just know that if you incorporate the above 12 steps into your life - you can't help but be outstanding and a success in anything you do.

**The Key Success Factor is YOU!**

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